

# WEDNESDAY BREAKFAST OPTIONS

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Assorted Fruits and Juices

Assorted Cereals

Oatmeal

Bagels and Lox

Apple Streusel

Scandinavian Pancakes with Warm Maple Syrup

\*Eggs, Bacon, Sausage, Turkey Bacon, Home Fries

Egg white spinach, mushroom frittata, arugula salad,  
shaved parmesan, evoo, Salsa on side



\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs,  
may increase your risk of contracting food borne illnesses.

\*\* Contains nuts.

(Menu Items Subject to Change without Prior Notice)

# WEDNESDAY LUNCH OPTIONS

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Pasta e Fagioli  
Cabbage Slaw

French Fries

Entrees:

Woodloch Nacho Bowl - Seasoned ground beef, malted nacho cheese, shredded lettuce, diced tomato, salsa, sour cream, guacamole

Chicken, Apple & Cheddar Melt - hearty ciabatta bread, apple butter, sliced chicken breast flame roasted fuji apples, bacon, cheddar cheese

BLT Salad - grilled chicken breast over iceberg lettuce, diced tomato, bacon bits, roasted chickpeas with our creamy blt dressing / dinner roll

\*Charbroiled Premium Burger Lettuce, Tomato & Onion Choice of Cheese

Veggie Burger on Whole Wheat Sandwich Round

Veggie & Hummus Plate

\*\*Fruit & Yogurt Parfait

Dessert:

Warm Brownie Sundae  
Chocolate, Tapioca, or Rice Pudding / Jell-O

[Kid's Menu Available]

Chicken Tenders, Hot Dog, PB&J, Grilled Cheese, Mac & Cheese, Pizza, Pasta

\*Kids Burger



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# WEDNESDAY DINNER OPTIONS

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Roasted Cauliflower Soup or Shrimp Cocktail

Panzanella salad- mixed greens with cucumbers, cherry tomatoes, fresh mozzarella & sourdough croutons with balsamic vinaigrette dressing

Entrees:

\*Roasted Tenderloin of Beef cognac demi glace / garlic mashed

Baked Filet of Salmon  
over farrow salad, topped with “honey pot” mustard & brown sugar glaze

Chicken Francaise  
white wine & lemon sauce / garlic mashed potatoes

Four Cheese Ravioli  
garlic butter or marinara / garlic knot

Eggplant Napoleon wilted spinach, roasted tomato and mozzarella / breaded eggplant/ bruchetta/basil pesto /balsamic glaze

Fresh asparagus with lemon vinaigrette  
\*Banana Nut & Sourdough Breads

Dessert:

Tiramisu  
Chocolate, Tapioca, & Rice Pudding / Jello

[Kids Menu Available]

Chicken Tenders, Hot Dog, PB&J, Grilled Cheese, Mac & Cheese, Pizza, Pasta  
\*Kids Burger



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