

WEDNESDAY BREAKFAST OPTIONS

Assorted Fruits and Juices

Assorted Cereals

Oatmeal

Bagels and Lox

Apple Streusel

Scandinavian Pancakes with Warm Maple Syrup

*Eggs, Bacon, Sausage, Turkey Bacon, Home Fries

Egg white spinach, mushroom frittata, arugula salad,
shaved parmesan, evoo, Salsa on side



*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs,
may increase your risk of contracting food borne illnesses.

** Contains nuts.

(Menu Items Subject to Change without Prior Notice)

WEDNESDAY LUNCH OPTIONS

Pasta e Fagioli
Cabbage Slaw

French Fries

Entrees:

Woodloch Nacho Bowl - seasoned ground beef, malted nacho cheese, shredded lettuce, diced tomato, salsa, sour cream, guacamole

Chicken, Apple & Cheddar Melt - hearty ciabatta bread, apple butter, sliced chicken breast, flame roasted fuji apples, bacon, cheddar cheese

BLT Salad - grilled chicken breast over iceberg lettuce, diced tomato, bacon bits, roasted chickpeas with our creamy blt dressing / dinner roll

*Charbroiled Premium Burger Lettuce, Tomato & Onion Choice of Cheese

Veggie Burger on Whole Wheat Sandwich Round

Veggie & Hummus Plate

**Fruit & Yogurt Parfait

Dessert:

Warm Brownie Sundae
Chocolate, Tapioca, or Rice Pudding / Jell-O

[Kid's Menu Available]

Chicken Tenders, Hot Dog, PB&J, Grilled Cheese, Mac & Cheese, Pizza, Pasta

*Kids Burger



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WEDNESDAY DINNER OPTIONS

Roasted Cauliflower Soup or Shrimp Cocktail

Panzanella Salad - mixed greens with cucumbers, cherry tomatoes, fresh mozzarella & sourdough croutons with balsamic vinaigrette dressing

Entrees:

Roasted Tenderloin of Beef
cognac demi-glace | parmesan & herb roasted potatoes

Chicken Francaise
white wine & lemon sauce / garlic mashed potatoes

Baked Filet of Salmon over autumn farrow salad,
topped with "honey pot" mustard & brown sugar glaze

Four Cheese Ravioli - garlic butter or marinara | garlic knot

Eggplant Napoleon- roasted mozzarella and tomato
breaded eggplant | bruschetta | basil | pesto | balsamic glaze

Asparagus with lemon vinaigrette

**Banana Nut & Sourdough Bread

Dessert:

Tiramisu

Chocolate, Tapioca, & Rice Pudding / Jello

[Kids Menu Available]

Chicken Tenders, Hot Dog, PB&J, Grilled Cheese, Mac & Cheese, Pizza, Pasta

*Kids Burger



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