

# FRIDAY BREAKFAST OPTIONS

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Assorted Fruits and Juices

Assorted Cereals

Oatmeal

\*\*Fat-Free Vanilla Yogurt & Granola

Bagels and Lox

Cinnamon Bun Muffins

Buttermilk Pancakes  
Warm Maple or Blueberry Syrup

\*Eggs, Bacon, Sausage, Turkey Bacon, Home Fries

Avocado toast on sunflower bread with chopped egg,  
diced tomato and microgreens



\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs,  
may increase your risk of contracting food borne illnesses.

\*\* Contains nuts.

(Menu Items Subject to Change without Prior Notice)

# FRIDAY LUNCH OPTIONS

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Pasta e fagioli  
Pumpkin hummus, sliced apples

French Fries

Entrees:

Woodloch Nachos - seasoned ground beef, melted nacho cheese, shredded lettuce, diced tomato, salsa, sour cream & guacamole

Fall Harvest Salad - grilled chicken, baby kale, romaine, apples, roasted butternut squash, pomegranate seeds, toasted pumpkin seeds & maple vinaigrette / dinner roll

Fig & Prosciutto Flatbread - fresh figs, prosciutto, ricotta cheese, fresh mozzarella & asiago cheese, arugula, hot honey

\*Charbroiled Premium Burger Lettuce, Tomato & Onion Choice of Cheese

Veggie Burger on Whole Wheat Sandwich Round

Veggie & Hummus Plate

\*\*Fruit & Yogurt Parfait

Dessert:

Warm Chocolate Chunk Skillet Cookie Ala Mode  
Chocolate, Tapioca, or Rice Pudding / Jell-O

[Kid's Menu Available]

Chicken Tenders, Hot Dog, PB&J, Grilled Cheese, Mac & Cheese, Pizza, Pasta

\*Kids Burger



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# FRIDAY DINNER OPTIONS

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Shrimp & Roasted Corn Chowder or Mozzarella sticks with marinara sauce

\*\*Apple, Cranberry & Walnut salad – spinach, romaine, arugula, red & green apples, cranberries, walnuts & feta cheese with honey poppy seed dressing

Entrees:

\*Roast Prime of Beef / Au Jus / Whipped potatoes

Golden Butterfly Shrimp summer slaw, lemon wedges, cocktail & tartar sauce

Fall Pork Osso Buco  
braised pork shank over white bean, potato & apple stew

Caprese Portobello Mushroom - garlic butter, grape tomatoes,  
mozzarella cheese, fresh basil, balsamic glaze (vegan option available)

Seafood Encrusted Haddock  
Lemon butter sauce / rice pilaf

Fresh broccoli florets, shaved parmesan cheese evoo

Rustic Olive Bread & \*\*Pumpkin Nut Bread

Dessert:

\*\*Woodloch's Famous Mud Pie with Whipped Cream & Toasted Almonds  
Chocolate, Tapioca, & Rice Pudding / Jello

[Kids Menu Available]

Chicken Tenders, Hot Dog, PB&J, Grilled Cheese, Mac & Cheese, Pizza, Pasta

\*Kids Burger



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